



LONG ISLAND FUTSAL® (FIVE - A - SIDE SOCCER) LEAGUE

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Long Island Futsal® is an Affiliated League of New York Futsal – East
& the United States Futsal Federation – Region I

FUTSAL® (five-a-side soccer) LEAGUES

Dates: January 4th to March 1st, 2009

Locations: Brentwood Recreation. Center, Connetquot HS, Bohemia
Newfield HS, Selden/Dawnwood Middle Schools, Centereach

Age Groups: Boys and Girls U8 –HS (U17-U19)

Format: Eight 50 minute games

Roster Size: Minimum of 7 players, Maximum of 18

Awards: 1st and 2nd place
Futsal t-shirts to all US Futsal registered players (no additional cost)

Cost: \$600 for U8 - U9
\$700 for U10-U12
\$750 for U13 – HS (U17-U19)

Why Futsal?

Futsal is the only indoor soccer game sanctioned by FIFA. If skills development is important, Futsal is recognized as clearly the best form of indoor soccer. But that's not the only reason. In traditional American walled soccer, players regularly *whack the ball (and sometimes their bodies)* against the boards which promotes improper technique and too often rewards errant play. In Futsal, players are constantly reminded to play the same quality control game that is required for success in the outdoor game.

- Better Skills Development - Futsal promotes quality touches
- Safer - Futsal eliminates the injuries associated with wall collisions
- Less Expensive - Futsal makes quality soccer more affordable

FUTSAL® *five-a-side soccer*, is a registered trademark of the United States Futsal Federation, protected by Federal Law

Mail Payment to: (\$100 Deposit due by Dec. 1st)

Long Island Futsal League, PO Box 863, Holbrook, NY 11741

Long Island Futsal League Application

Team Name: _____ Age Group: _____ DOB of oldest player: _____ Circle: Boys / Girls

Coach's Name: _____ Phone: _____ Email _____

Address: _____ Town: _____ Zip _____

Team's Level of Play: Intramural _____ Travel _____ Division _____ Premier _____

Payment/Deposit Amount: _____ Check Number: _____

age groups may be combined
to balance competition